

Late umbilical cord clamp big benefit to babies

TORONTO (CP) — Delaying clamping the umbilical cord at birth by roughly two minutes can give newborns a health boost that carries through the early months of their lives, a new study suggests.

Late clamping, as it is called, allows more blood from the cord and the placenta to flow into the

infant, raising iron levels and decreasing the risk of anemia in the first weeks and months of life, McMaster University researchers suggest.

Late clamping isn't widely practised in developed countries and the new research may not change that fact, according to medical experts.